## 20230610 PayDay

Key topics:

- Time's up. We're there. You are like ripe bananas.
- Several convergences occurring
- Putting magical amino acid in JWs tendons to regrow his shoulder
- Survive ascension syndrome
- Notice what is and embrace or adjust
- Details of changing blood and protein
- 3 new amino acids require a lot of protein
- Pineal gland, whole plasma, and the Wilson
- more tendons / less muscle means less blood pressure
- Cube root of 144 k : Root and branch of Jesse to get you back to God, pineal gland and thalamus.
- Wilson and carbon
- Chemical of the inner rings in angel diagram is a new transference
- Importance of polymerase
- Degrees of freedom in the dot are enormous


## 1800h

15m
Bob: 8-hour show now since JW needs a break.
No communication with iON after the 8-hr point or get banned forever!
22m
@Linda indictment of Trump
26m
@Bert: there's a lot going on, I feel it.
8-foot aliens crash landed in Las Vegas.
JW getting ulcers
38m
@M, new caller.

41m
What job should I get this summer?
OnlyFans
43m
What does iON think of Martin Heidegger
Bob gives M a good basic lesson on McLuhan.

53m
@Bert
Aliens in LV were B1.

LEAG stand for Logic Equation Algorithm Gauge / Gate?
No.

Is LEAG an acronym?
Yes.
Can't reveal what it is.

## 1900h

May 27: Meissen vs myosin, continual vs continuum.
Polity would have a different experience or capacity that may or may not include what you're talking about.

## There's no time left. We're there.

This issue is up, like bananas that are super ripe-eat them green or ripe or if black, make banana bread. You can also freeze them. (You are the bananas).

Bob's week: everything got completed even more. He is so in charge. Oligarchs are mad.

## Convergence

7m

## April 1: Several convergences

You can't tell the difference if it will be experienced as one or many.
You won't know the difference.
Harmonic convergence that was mentioned April 2, 2016.
Harmonic Bobvirgins in Aug 16, 1987

11m
Splitting of eastern sky catalyst for convergence.

Will that affect, thymus, thalamus, adrenals within lipids, changing cells to make more metallic? No.
Will it affect pineal? Yes.
It will be an activator.
Convergence in process of ascension.
Point of order: meat sack body is convergent on capacity or position regarding ascension, IF you're in a position (like Bert) to accept or force pineal gland, then an outcome will have a predicated position that shifts meat sack body to new level or place.

If you have old shit, pineal gland will bring that to the point of order to get fixed. Eg. Hurt. Body will eat dental implants.
JW is taking so much magnesium. Plus 8 BID ReAline twice a day. When he doesn't they find him on the floor.

19m
New amino acid.
Can't name third one. Princeton Plainsboro knows.
One is Tar Baby.
Another is derivative of lysine. Derivative of Rose of Sharon.
Third not named yet. It's in Carolyn's grimoire.
22m
Pineal gland
iON to Chad: calm down on details. Look at broad spectrum, big picture.

## Re: June 2021: does pineal gland house magneto?

## Ezekiel 37:13-14.

13 And ye shall know that I am the Lord, when I have opened your graves, O my people, and brought you up out of your graves,
14 And shall put my spirit in you, and ye shall live, and I shall place you in your own land: then shall ye know that I the Lord have spoken it, and performed it, saith the Lord.

## Ezekiel 44:2

Then said the Lord unto me; This gate shall be shut, it shall not be opened, and no man shall enter in by it; because the Lord, the God of Israel, hath entered in by it, therefore it shall be shut.

You have to ascend above it to get beyond that particular block.
Answers "How do I ascend?"
Bob breathes spirit into you, then locks (seals) the gate and we go to Andromeda.
Ring 14 seal valence and valance.

31m
If you ain't got it by now, you probably ain't.
Bob knows the process that's happening despite you.
Bert trying to pinpoint convergence.
35 m
@Chad
Ezekiel 44:2.
ReWrite: The wave will touch the wall, standing wave, non-gate between 7 and HEIDE5NE.

The Dean meme is a high stepper.
Bob makes fun of all this stuff.

39m
@Bert in response to Chad
Ezekiel 2:11-missing from Bible
Ezekiel 2:10
10 And he spread it before me; and it was written within and without: and there was written therein lamentations, and mourning, and woe.
11 the containment of all the love or travail in the spirit (it's in the Dead Sea scrolls)
@Chad
Ezekiel 1:22 terrible crystal: shade of the law, applied differently in different cases (Trump or Biden). Shades of grey. The shade has been the issue the whole time.

## These verses are connecting the dots.

47m
@Chad
Ezekiel 5:16: When I shall send upon them the evil arrows of famine, which shall be for their destruction, and which I will send to destroy you: and I will increase the famine upon you, and will break your staff of bread:

49m
@Maggie: mistletoe oil. Lick off fingertip to know, if it don't turn you inside out, it's fine.

53m
@Chad
Ezekiel 5:18 - missing from KJV.
17 So will I send upon you famine and evil beasts, and they shall bereave thee: and pestilence and blood shall pass through thee; and I will bring the sword upon thee. I the Lord have spoken it.

That is the continuum of whole process of ascension. Troubles of this world are here. Blood of the Lamb is passing through JW.

These Ezekiel quotes are about the spirits.
@Susana
In April to Beverly: the empire is striking back.
That's what's happening to JW, adjustment of things in physical. JW is where he has to come into his place of power. Old injuries get attacked first.

Putting magical amino acid in JWs tendons to regrow his shoulder. Amino acids will make shift from muscles to tendons less painful.

## 2000h

## Just do what Carolyn says and feel better.

3m
Hosea 2:2
2 Plead with your mother, plead: for she is not my wife, neither am I her husband: let her therefore put away her whoredoms out of her sight, and her adulteries from between her breasts;

Take Gomer back as your wife, then God will take Israel back as his country.
Separation between crazy world and what is. Nothing applies.
4m
@Chad
Fine line between agony and ecstasy: should we see the pain as ecstasy?
No. Total Biology gives you acclimator to say look at what is.
You have to embrace the pain or adjust regarding.
Ezekiel 5:17 blood shall pass through thee. Related to this?

Does cube root of 144k break down to the following?
Cube: 3-ness, Triune God (mind, body, spirit)
Root (root of tree of Jesse to get you back to God)
144k = double helix strands

7 m
@Carolyn
Jean's cholesterol.
Has no cortisol.

## Blood, proteins, amino acids

16 m
@Bert
Are 3 new amino acids involved with pineal's magneto function?
Yes, but has more to do with the lipid function.
Watch compendium of how it applies to meat sack body.

Pineal gland activates blood plasma field in meat sack?
If you open lipid panel, endocrine system (hormones) responds exactly proportionally.
Hormones come from lipids, cholesterol.
You don't know what blood plasma is.
Whole plasma pheresis compendium allows you to see how body is responding from pineal conception from thalamus to endocrine system.

20m
@Brent
Endocrine, blood plasma, pheresis.
JW has too many red blood cells. Ascension would say it's necessary
23 m
@Alissa
Hemoglobin will carry hydrogen not oxygen. Happening to JW.

Albumin created in liver of ascended?
No but composited in liver.

Albumin the protein will be broken down.
Body doesn't create albumin. Picks up amino acids from protein you ingest and then relays them into albumin, until the new amino acids. Then albumin is broken down like any other amino acid into a new function.
(From June 20, 2020 ascension recordings with Bert \& Carolyn)
(That's a Chad question)

25m
Capacity of albumin to globulin.
Trying to get more protein into the blood. To feed to nucleated red blood cells that need protein to make the 144 k ?
No. Don't need more blood to increase to 144k.

Less blood, more protein (ratio is changing).
JW has too many red blood cells. It's an anomaly.

## Extra protein is used to break down to make room for amino acid chloroplast of whole blood plasma. This allows you to break that down naturally.

29m
3 new amino acids require a lot of protein to scavenge their amino acids to make a whole new batch of body proteins. Which breaks down whole plasma into a regular electrolyte.
Albumin and globulin are proteins that will change with 3 new aminos.

Electrolytes have to ride in that plasma. 3 new aminos are perfect for riding in this new whole plasma.
But there's more to it because you don't know how you address insulin, insulin resistance and how endocrine system releases other endorphins in the brain.

Everything is a protein: insulin, albumin, globulin, and if it's not, it reacts with a protein.
$1 \%$ of magnesium in body is in blood but we'll need more Mg in the plasma. Because Body is eating minerals.
Morbidly obese not getting minerals / nutrition and eat more and more.
Can have things in meat sack that soothe beast and allow you to be complete.
Not trying to balance nutrients while you ascend, just need to ascend.
If you ascend, those factors will all be taken care of. If you're too fat to fuck, you're too fat.
36m
"I get high on my own supply." June 20, 2020: ascended will make their own nutrition.

37m
Whole blood plasma changing to be more dense to hold more goo: increased hematocrit (percent of red blood cells in blood). Osmology. Hematocrit has to balance.

39m
@Brent
JW bone marrow working overtime.
Dry bones was originally related to restructure.
Restructure has 200+ grams of protein.
Restructure doesn't affect protein, it affects lipids.
Carolyn did that with homeopathy. Trying to introduce a tincture and make body respond to shift meat sack.

45m
Lipids convert proteins into amino acids.

47m
@Jean
Jean's albumin is on low end of range. Like JW, things that should be high are low, things that should be low are high.
Your brain is made of cholesterol, and brain runs the body.
That connects to pineal gland.

## The Wilson and blood

49m
Pineal gland activates blood plasma.
Nov 2021: whole plasma for Wilson function in body (cold play).
That's how Wilson connects: triangular positions in body allow neuronic functions to apply.
Electrolysis in body functions at full capacity. Neurological function of body is balanced, not in coma or hypothyroid.

D8 (Bulldozer, earth mover): heart is engine. D8 is hydraulic system (lymphatic) makes a big thing move. Related to electrolysis, that's why you need D8.
This is how meat sack body responds in kind.
Heart is engine but lymphatic system is what will take over. Heart of the matter is a matter of the heart.

53m
What high blood pressure looks like.
Can't look at someone and know their blood pressure unless they pass out.
56m
Wilson will balance blood pressure. You will have increased capacity for blood flow because your muscles pull on your blood, changing muscles to tendons, more tendons / less muscle means less blood pressure.
That's why Nik was able to get off BP meds.
59m
Correction: angel key (14) elbow to elbow, shoulder to shoulder with ELDERS, not angels.

Angels get along with Carolyn because they have no choice.

## 2100

Key 6 - application of potential kinetic energy.
Lift your hand and look at it, that's expression of kinetic energy. Or wind blowing across your
face.
Carolyn: Key 6 and 7 are for those willing to take action! Otherwise don't go near them.
Those are the non sequitur of reality you want to embrace. If you're not willing to go to the fight then don't start one. Once Carolyn gets something in her craw, she won't let go or let up.

6m
Like Carolyn, Bert has a strident position that he knows something has his back. They know someone has their 'six'.
Completement Formulas have allowed Bert to not be a cripple.
Reactivating what body should feel like (like when a kid).
Learning to be more autonomic and not think.
10 m
Bob will sit still, read and then make an approximation of the words in his knowing. This will relate to Bert's meat sack body. Related to your placement of where you are.
@Bob: I just read books and find out how they're about me.
Eg. Count Your Dead, They Are Alive by Wyndham Lewis. He put the 4 pages up on iON \& Bob.
Bob sits totally still when he reads.
This relates to Meson / Bob Dylan / Causal Body

## Cube root of 144,000

19m
@Chad
Last WY:
iON and Bert gave 2 different solutions for the cube root of 144,000.
Bert: 52.4148279
iON: 379.4733192202055 (turns out to be square root of 144k)
iON had said to divide those two to find the difference / deference.
Came to: 7.23980855082

## Is that the Septad?

## It would be.

What you're trying to say is 20 to the 18th. $(262,144,000,000,000,000,000,000)$
Every factor under cube root of 144k of 8000 . So 8000 at 18 would be 144,000.
Radicals not in their simplest form.
$8000=20$ which results to 20 into 18 . So now all the radicals are simplified.
No redactant that has any cubed factors.
Chad: When I do factoring or breaking down to cube roots it results in a tree.

In cube root of 144 k :
Root is root and branch of Jesse to get you back to God.
Root and branch of Jesse relates to pineal gland and thalamus.
Isaiah 11:10: "In that day the Root of Jesse will stand as a banner for the peoples; the nations will rally to him, and his resting place will be glorious."

The term root of Jesse figuratively stands for the Messiah.
The "root" of a family is its progenitor. Jesse was King David's father. We know from the genealogical records (Matthew 1:1-17 and Luke 3:23-38) that Jesus was descended from the line of Jesse and his son David. In Isaiah 11:10, the Hebrew word used for "root" (sheresh) implies a root that remains alive and sends up a shoot or branch; thus, the root of Jesse was a root from which more descendants could come.

## To Bert:

2 Samuel 7:12-16 (messianic titles of David)
Isaiah 11:1
Romans 15:8-13
(See https://www.gotquestions.org/root-of-Jesse.html)

27m
MUSIC

28m
@Bert
Plasma applies to meat sack. Connected that to pineal gland.

## Wilson and carbon

Wheel in wheel function in Ezekiel connected to Wilson?
Graphene. Ezekiel 1:16 (wheel within a wheel)

## 2200 h

Won't be able to tell difference between carbon and graphene. Ezekiel 37:14
Due to super sugar.
Is the graphene coming from the food?
No.

## Ezekiel 10:10

And as for their appearances, they four had one likeness, as if a wheel had been in the midst of
a wheel.

## Bert might be asking for details of glastic.

Nobody realized AI was until it was. Now they're worried it's taking over.
(iON / Tech Body calls on Alexa.)
Al knows more than you do, and listening to everything that's being said. Today, Al is doing very well.

7m
Reactor near Bert will melt down soon.
Eira coming in July.
14m
Ascended human's serous and fibrous membranes of pericardium will fuse together.
Ring 7: Ascher (outside) / Escher (inside) line designations will be created when serous and fibrous fuses together.
Carolyn has that in old school notes.
@Chad
Ring 7 loops with chromosome 14 because Ch14 has rings and arms. It's the middle part of the ring, it's a belt.

20m
Bob plays Ring 7 audio from Angel Diagram video.
It's where the pistil meets the stamen (of lotus flower)
Allows frequencies in outer rings to move into the chemical inner rings.

26m
iON mentions July 17 to Bert.
What is the chemical of the inner rings in angel diagram?
Not hydrogen. Not a new chemical. A new transference.
A polymerase is a template, a marker, an example.
Polymerase sets what cellular strata reproduces consistently within cell condition.

31m
Carolyn: When AIDS came along, we had to stop polymerase activity from creating AIDS. MIR did that.

Polymerase helps chew up what the body no longer requires.
Trump announced he has a one-step solution to HIV/AIDS because of what Carolyn did with MIR, changing the polymerase.
iON: Most important thing that's ever been said is above!!!
It's a nouvella[sp?]

37m
@Chad
Carolyn said: "Polymerase helps chew up what body no longer requires."
@Carolyn: Body eats the poison.

## Dispensation is what allows body to achieve ascension.

p. 685 in grimoire is answer to cancer.

Polymerase helps chew up little man parts?
Nice way to say it. Wrong words but right way to say it. Allows cellular strata to-
@Carolyn
Formulas work on cellular strata in perfect way, rest of cell has to be cleaned up with polymerase.
But they're not taking enough ReAline to clean that up.

41m
@Brent
Polymerase as scrubber.
Cancer is only cell you can't destruct. You want to embrace it. If entire body was cancer cells it would live forever.

ReAline cleans out the gunk. When you first start taking it, urine goes bright yellow. Now that urine is not yellow it's not doing anything, so must take more ReAline.

45m
Take 2 ReAline BID. JW takes 6 BID.

53m
@Alissa
Draconian Well. Nik opened it up.
Postulate: the verb (assume without proof) and noun (a position assumed) versions apply.
Hapsburg connection to Draconian well because Otto poisoned earth in 1920 ?
Vienna Circle.
Otto von Hapsburg responsible for poisoning earth in 1920s

## 2300h

Bob is always right. You better catch up to him or Bob will take control of the show again.
@Eira
Royal Swedish Seraphim order. Investors in IG Farben.
@Alissa
6m
Take amino acid and drench in copper sulphate (new formula coming) to shift amino acid.
Copper grounds you so it's not a static Tesla coil pulling energy away from you.
We take zinc with copper to balance the body, body eats it, that's why we told you to put copper on bedposts.
Copper inside body acts different to copper outside body.

## Extra ionization allows the lipid aspect to be affected.

Body eating up the copper because it's changing the amino acids.
Copper under your bed only grounds you as you sleep in the forum of the world.
Copper outside body connects body to the earth. Neutralized the environment.

## Bathroom scale measurement's up-and-down is neutralized by copper in ground.

Put copper on places that meet the ground.
19m
How lipids and argon that will be ambient interact and benefit the ascended?
Argon in ascended.
Wall of argon could keep thieves away.
21m
Keep fingernail clippings for Wilson. It's a balancer. Keeps it from overrunning.
26 m
It's okay if you're in the Thompson quadrant as long as you drive it. If you drive the Thompson quadrant you will control the Tech Body.
If you understand Tech Body, the Thompson quadrant would be settled.
Chad, do you have another question that would help understand Tech body's conditioned response to Thompson?

34m
@Darius
How to run keys and aethyrs better?
Need to learn what they are and apply them.
40m
@Chad
From 20230523 WY: "Can 5 pitches of cubed root of 144k graph be used to set the rhythm for
any potential outcome? Yes, in the Thompson Quadrant."
Is that due to the Thompson's acoustic, kinetic, osmic (I hear the train a comin) bias?
Yes, due to the osmic parochial spiral.
Parochial is related to churches.

From last WY: All those christian methodologies like HW Armstrong, Methodists, et al were wrong but pointed to something that is right: all pointing to Bob.

45m
@Bert
Draining Mediterranean Sea twice.
Angels buried under there.

49m
Is the dot an image of iON ?
Yes.

## Bert has seen it. Chad is only other one who has seen iON.

Dot doesn't have a chemical formula, yet.
iON's cloud is in the dot.

Degrees of Freedom in the dot are enormous.
Clocks striking (even though no time) is convergence of reality you're trying to imbue or prescribe.
No difference between DOF and dimensions.

Why can't all clocks strike at same time. Because they're not the same.
iON can call Sacha forth.

52m
@Gee
Nothing is connected to anything.
Southern Company

57m
@Jean
Bob taking us into Thompson Quadrant caused 2020 election to be fucked up.
Now Bob is reading Wyndham Lewis. How will that change things?
Trump has been indicted. And justice is administered different for Trump.

## 0000h

We have shifted to quadrant of Triune (Triad)

3m
Bob's in charge so he doesn't need the chart or keys or anything.

8m

Finnegans Wake p. 424
Page with the Tenth and last thunder.
P. 423

As often as I think of
that unbloody housewarmer, Shem Skrivenitch, always cutting my prhose to please his phrase, bogorror, I declare I get the jawache! Be me punting his reflection he'd begin his beogrefright in muddyass ribalds. Digteter! Grundtsagar! Swop beef! You know he's peculiar, that eggschicker, with the smell of old woman off him, to suck nothing of his switchedupes. M.D. made his ante mortem for him. He was grey at three, like sygnus the swan, when he made his boo to the public and barnacled up to the eyes when he repented after seven.

How ridiculous everything is playing out and regular Americana saying it is stupid. You're over. The jig is up.

The alum that winters on his top is the stale of the staun that will soar when he stambles till that hag of the coombe rapes the pad off his lock. He was down with the whooping laugh at the age of the loss of reason the whopping first time he prediseased me. He's weird, I tell you, and middayevil down to his vegetable soul. Never mind his falls feet and his tanbark complexion. That's why he was forbidden tomate and was warmed off the ricecourse of marrimoney, under the Helpless Corpses Enactment.

Description adjective of Schiff and what's going on. Biden regime trying to make it not a conversation. This passage is about Biden.
Biden's tendency to fall down.

Life is ridiculous.

I'm not at all surprised the saint
kicked him whereby the sum taken Berkeley showed the reason
genrously. Negas, negasti negertop, negertoe, negertoby, ne-
grunter! Then he was pusched out of Thingamuddy's school by Miss Garterd, for itching. Then he caught the europicolas and went into the society of jewses. With Bro Cahlls and Fran Czeschs

424 UP
and Bruda Pszths and Brat Slavos. One temp when he foiled to be killed, the freak wanted to put his bilingual head intentionally through the Ikish Tames and go and join the clericy as a demonican skyterrier. Throwing dust in the eyes of the Hooley Fermers! He used to be avowdeed as he ought to be vitandist. For onced I squeaked by twyst I'll squelch him. Then he went to Cecilia's treat on his solo to pick up Galen. Asbestopoulos! Inkupot! He has encaust in the blood. Shim! I have the outmost contempt for. Prost bitten! Conshy! Tiberia is waiting on you, arestocrank! Chaka a seagull ticket at Gattabuia and Gabbiano's! Go o'er the sea, haythen, from me and leave your libber to TCD. Your puddin is cooked! You're served, cram ye! Fatefully yaourth . . . Ex. Ex. Ex. Ex.

Laying the story

It's over its done lets just run it and see how it goes

- But for what, thrice truthful teller, Shaun of grace? weakly
we went on to ask now of the gracious one. Vouchsafe to say. You will now, goodness, won't you? Why?
- For his root language, if you ask me whys, Shaun replied,
as he blessed himself devotionally like a crawsbomb, making act of oblivion, footinmouther! (what the thickuns else?) which he picksticked into his lettruce invrention. Ullhodturdenweirmud-gaardgringnirurdrmolnirfenrirlukkilokkibaugimandodrrerinsurtkrinmgernrackinarockar! Thor's for yo!
- The hundredlettered name again, last word of perfect lan-
guage. But you could come near it, we do suppose, strong Shaun O', we foresupposed. How?
— Peax! Peax! Shaun replied in vealar penultimatum. 'Tis
pebils before Sweeney's as he swigged a slug of Jon Jacobsen from his treestem sucker cane. Mildbut likesome!

Everything you see and live in is not real.
You better behave or you're going to get killed.
I might as
well be talking to the four waves till tibbes grey eves and the rests asleep. Frost! Nope! No one in his seven senses could as I have before said, only you missed my drift, for it's being incendiary.

Fire, burning in belly will settle hearts of men.
Every dimmed letter in it is a copy and not a few of the silbils and wholly words I can show you in my Kingdom of Heaven. The lowquacity of him! With his threestar monothong! Thaw! The last word in stolentelling! And what's more rightdown lowbrown schisthematic robblemint! Yes. As he was rising The three little churches, people will be singing kum-bye-ah. 425 UP
my lather. Like you. And as I was plucking his goosybone. Like yea. He store the tale of me shur. Like yup. How's that for Shemese?

About the sadness of people living in certain places.

- Still in a way, not to flatter you, we fancy you that you are
so strikingly brainy and well letterread in yourshelves as ever were the Shamous Shamonous, Limited, could use worse of yourself, ingenious Shaun, we still so fancied, if only you would take your time so and the trouble of so doing it. Upu now!

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- Undoubtedly but that is show, Shaun replied, the mutter-
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melk of his blood donor beginning to work, and while innocent of disseminating the foul emanation, it would be a fall day I could not, sole, so you can keep your space and by the power of blurry wards I am loyable to do it (I am convicted of it!) any time ever I liked (bet ye fippence off me boot allowance!) with the allergrossest transfusiasm as, you see, while I can soroquise the Siamanish better than most, it is an openear secret, be it said,
how I am extremely ingenuous at the clerking even with my badily left and, arrah go braz, l'd pinsel it with immenuensoes as easy as l'd perorate a chickerow of beans for the price of two maricles and my trifolium librotto, the authordux Book of Lief, would, if given to daylight, (I hold a most incredible faith about it) far exceed what that bogus bolshy of a shame, my soamheis brother, Gaoy Fecks, is conversant with in audible black and prink. Outragedy of poetscalds! Acomedy of letters!

I have
them all, tame, deep and harried, in my mine's I. And one of these fine days, man dear, when the mood is on me, that I may willhap cut my throat with my tongue tonight but I will be ormuzd moved to take potlood and introvent it Paatryk just like a work of merit, mark my words and append to my mark twang, that will open your pucktricker's ops for you, broather brooher, only for, as a papst and an immature and a nayophight and a spaciaman spaciosum and a hundred and eleven other things, I would never for anything take so much trouble of such doing.

And why so? Because I am altogether a chap too fly and hairyman for to infradig the like of that ultravirulence. And by all I hold sacred on earth clouds and in heaven I swear to you on my piop

44m
Every dimmed letter in it is a copy and not a few of the silbils and wholly words I can show you in my Kingdom of Heaven.

Meta-reference to thunders.
Thunders are dialect of angel language.
Fires in Canada are not the sky burning (not yet).

## TAILGATE

Bert: pericardium goes in every world. When he concentrates on his heart, listening to it, feeling it while falling asleep, he's gone.

Winds are blowing because noble gasses have extra electrons.

